

Uniform Policy

Introduction:

Uniforms are a valuable component of HCA. In the same way that an athletic team proudly wears their colors, uniforms communicate a sense of belonging and loyalty to the school community. Within a biblical context, uniforms provide a visible reminder of the importance that God places on the “body” of Christ and how we are to selflessly serve it. This is in distinct contradiction to the emphasis on individual expression that we see so prevalent in the culture at large. Observationally, studies have repeatedly demonstrated that student behavior and productivity are elevated when students wear uniforms. On a practical level, wearing a prescribed uniform helps de-emphasize fashion consciousness and diminishes tendencies to form socioeconomic cliques. Most families find that purchasing uniforms costs less than buying the typical student wardrobe and uniforms help reduce family conflicts over what to buy and what to wear. Uniforms also serve a practical purpose of safety since students are easily identifiable on field trips and persons not in uniform are easily spotted on our campus. Aesthetically speaking, uniforms look nice and help create a positive impression of our students and our school within the community.

Suppliers:

HCA’s approved Uniform suppliers are Land’s End School, Inc. and Read’s Uniforms in Hickory. Land’s End Uniforms may be purchased preferably through the catalog or online using our preferred school #9000-6150-8. Use the Land’s End link on the HCA website for easy ordering online. Read’s Uniforms is located on Tate Boulevard and some uniform items are located there.

Guidelines and notes for all ages:

- Uniforms should look neat and clean to start the day.
- Because of differences in quality, color, and material all uniform items must be purchased through HCA’s approved suppliers except belts, socks, shoes, and tights.
- To honor God and uphold the way He created boys and girls differently, uniforms will be distinctly feminine for girls and distinctly masculine for boys.
- Girls may purchase the feminine cut polo shirts called fit-for-her in proper colors specified in age-appropriate categories.
- Tight-fitting clothing is not allowed. Shirts should not reveal midriff skin even when bending or raising arms.
- P.E. uniforms are required for all children 3rd grade and up and must be purchased through HCA with HCA official Logo. Appropriate athletic shoes must be worn to PE.

- Students may be asked to remove accessories that are distracting or inappropriate at the Administrator or teacher's request.
- All skirts and skorts must be worn modestly. School employees will make the decision on whether skirt lengths fall within policy.
- Students may wear any uniform choice in any combination of top with any bottom daily with the exception of formal day (i.e. shorts may be worn in winter or turtle necks in summer).
- Undershirts may be worn and must be solid white, gray or match color of top and be tucked in. No lace or emblems. Sleeves cannot show beneath shirt.
- Boots, slides, clogs, sandals, flip-flops, high-tops or slippers (including bedroom looking moccasins) are not allowed for boys or girls.
- Hoodies are not acceptable HCA outerwear.
- Students will receive a disciplinary infraction for wearing the incorrect uniform or wearing the uniform inappropriately.

Accessories and Hair Coloring:

- All jewelry must be worn modestly. Earrings and bracelets should not be distracting. Boys may not wear earrings. Students may be asked to remove jewelry at the Administration's request.
- Hair colorings must be modest and natural in appearance.
- No head coverings may be worn at school (i.e. - bandanas, hats, kerchiefs, etc.) Hats may be worn at specific functions as directed by the school.
- No visible tattoos (temporary or permanent) are allowed.
- Hair styles must not be hanging down in the eyes for girls or boys. Boys' hair should be neatly styled in natural colors. Mustaches and/or beards are permitted with high school boys, if trimmed and neat. If hair is consistently in the eyes, excessively long or distracting to the school environment in any way, the administrations will ask that it be trimmed accordingly.
- Boys participating in athletics must keep their hair cut according to conference rules and guidelines.
- Girls makeup should be modest, especially in younger girls.

Monthly "Dress Down" Friday:

(September-May)

One Friday each month (as assigned by the administration) will be designated as "Dress Down Friday". On these days, students may wear blue jeans (or any uniform bottoms) and PE uniform shirt (or sweatshirt) choices, HCA Spirit wear purchased through HCA or any optional uniform shirt. Belts are optional. The jeans must fit properly (no baggies, no holes, no skinny jeans, no jeggings, no appliques, no embellishments, no dazzles, not too tight). Shirts must be tucked into the jeans and normal uniform tennis shoes must be worn. Should a student choose not to participate in the "Dress Down Friday," he must wear his normal uniform on that day.

Any student who chooses not to abide by the stated guidelines for “Dress Down” days may be prohibited from participating in future days as deemed appropriate by the administration. These days are meant to be a fun alternative for the students and we expect everyone to respect those intentions by abiding by the guidelines.

Required Formal Uniform: (To be worn on chapel days)

All Students PK-12th are required to wear formal uniforms appropriate on announced Chapel days. If Chapel is not scheduled, any uniform choice is appropriate.

Grammar Girls' (Pre-K – 5th grade) Uniforms

Informal Uniforms: To be worn on days when Chapel is not scheduled.

- Red, White or Navy blue polo: long or short sleeve (purchased from Land's End or Read's Uniforms)
- Red, White or Navy blue Turtle Neck or Mock Turtle Neck : long sleeve (purchased from Land's End or Read's)
- Navy and Khaki Chino slacks, only non-cargo (Land's End or Read's)
- Navy or Khaki Chino Skort, only non-cargo (Land's End or Read's)
- Rifle/Kaynee Skort (Read's Uniforms, Hickory) Navy or Khaki
- Classic Navy Jumper (Land's End)
- Navy Bike shorts (any carrier) should be worn under the jumper for modesty when tights are not worn. (HCA PE shorts are not acceptable to wear under the jumper.)
- Plain Navy leggings: ankle length; worn under jumpers or skorts (Land's End or Read's)
- Red Sweater: vest, v-neck, crew neck, cardigan (Land's End without a monogram) no hoodies
- Red, White or Navy-blue tights or socks, HCA socks, socks must be visible (purchased from any carrier)
- Tennis Shoes: solid colors, with the primary color being white, gray, black, brown, khaki, blue, and red. Trim may be any non-distracting color (with limited bright or florescent colors). No plaid or extra embellishments; shoelaces must match the shoes; shoes may be purchased from any carrier; No high tops.
- Belts must be black or brown, leather like (no ornaments) 1st-12th grade girls must wear, PK-K optional

Girls' Formal Chapel Uniform: Must be worn on designated Chapel days year-round. Items must be purchased from Land's End School Uniforms or the HCA Uniform Swap.

Tights, socks and shoes may be purchased from any carrier. Chapel uniforms may be worn on other days besides Chapel.

- Long or short sleeved (your choice year-round) Peter Pan collared light blue knit blouse
- Hunter/Classic Navy Plaid Jumper
- Navy tights / navy or white knee or ankle length socks
- Plain Navy leggings; no lace, no trim, ankle length
- Navy blue, brown or black "Mary Jane" type rubber soled shoes; heels less than 1 inch

Outerwear: Coats may be purchased from any carrier but must be removed upon entering the classroom. The following may be worn in the classroom for warmth:

- HCA half-zip microfiber pullover, fleece Jacket or vest with Knight's logo (Land's End)
- HCA crewneck sweatshirt (purchased at HCA)
- Red Sweater: vest, v-neck, crew neck, cardigan (Land's End without a monogram)
- The navy windbreaker jacket from Read's Uniforms may be purchased to wear outdoors during school hours.

PE Class: (3rd – 5th grades) Grammar girls and boys will dress out for PE class

- Navy HCA t-shirt & Navy HCA gym shorts (purchased at HCA)
- Tennis shoes (any carrier)

HCA Grammar Boys' (Pre-K – 5th grade) Uniforms

Informal Uniforms: To be worn on days when Chapel is not scheduled.

- Red, White or Navy blue polo: long or short sleeve (purchased from Land's End or Read's Uniforms)
- Red, White or Navy blue Turtle Neck or Mock Turtle Neck: long sleeve (Land's End or Read's)
- Navy or Khaki Chino Pants, non-cargo (Land's End or Read's)
- Navy or Khaki Chino Shorts, non-cargo (Land's End or Read's)
- Red Sweater: vest, v-neck, crew neck, cardigan (Land's End without a monogram), no hoodies
- White, Navy blue or Khaki socks, HCA socks (purchased from any carrier). Socks must be visible.
- Black or Brown leather-like belt (no ornaments) 1st – 12th boys must wear belts; PK– K optional
- Tennis Shoes: solid colors, with the primary color being white, gray, black, brown, khaki, blue, and red. Trim may be any non-distracting color (with limited bright or florescent colors). No plaid or extra embellishments; shoelaces must match the shoes; shoes may be purchased from any carrier; No high tops.

Grammar Boys' Formal Chapel Uniforms: Must be worn on designated Chapel days year-round. Items must be purchased from Land's End School Uniforms or the HCA Uniform Swap. Socks and shoes may be purchased from any carrier. Chapel uniforms may be worn on other days besides Chapel.

- Long or short sleeved (your choice year-round) light blue oxford shirt
- Navy Chino Pants, non-cargo
- Navy or Black Socks, HCA socks (must be worn with all shoes and be visible)
- Black or Brown leather-like belt (no ornaments) 1st – 12th boys must wear belts; PK– K optional
- Navy blue, brown or black dress shoes (mock loafer type or dress lace-up type)
*Students may bring other shoes to change into for recess on Chapel days.
Students will change back into Chapel shoes when returning to the classroom.

Outerwear: Coats may be purchased from any carrier but must be removed upon entering the classroom. The following may be worn in the classroom for warmth:

- HCA Half-Zip Microfiber pullover, Fleece Jacket or Vest with Knight's logo (Land's End)
- HCA crewneck sweatshirt (purchased at HCA)
- Red Sweater: vest, v-neck, crew neck, cardigan (Land's End without a monogram)
- The navy windbreaker jacket from Read's Uniforms may be purchased to wear outdoors during school hours.

PE Class: (3rd – 5th grades) Grammar girls and boys will dress out for PE class

- Navy HCA t-shirt & Navy HCA gym shorts (purchased at HCA)
- Tennis shoes (any carrier)

HCA Logic Girls' (6th – 8th grade) Uniforms

Informal Uniforms: To be worn on days when Chapel is not scheduled.

- Red, White, Navy blue, Maize or Evergreen polo / long or short sleeve (purchased from Land's End or Read's Uniforms). Shirttails must remain tucked in.
- Red, White, Navy blue, Maize or Evergreen Turtle Neck or Mock Turtle Neck / long sleeve (purchased from Land's End or Read's)
- Navy or Khaki Chino Pants (Land's End or Read's)
- Navy or Khaki Chino Skorts (Land's End Top of Knee Style)
- Red or Evergreen Sweater: vest, v-neck, crew neck, cardigan (Land's End without monogram)
- Tennis shoes / Sperry's / Ballet flats may have a primary color of red, white, gray, black, brown, khaki, or blue with limited accent coloration; shoelaces must match shoes. No high tops.
Sperry's and Ballet flats may be worn without socks. With all other shoes, socks must be worn and visible.
- White, black or gray socks, Must be plain and without designs, HCA socks
- Black or brown leather-like belt
- Tights (optional) must be navy, white, or black. They should be plain and without designs.
- Hosiery (optional) must be neutral in color without designs.

Formal Chapel Uniforms: Must be worn on designated Chapel days year-round. May also be worn on other days besides Chapel.

- White $\frac{3}{4}$ sleeve or long sleeve blouse (year-round)
- Navy Skort (Land's End Top of Knee Style)
- Evergreen Drifter Sweater Vest (Land's End without a monogram)
- Navy Blue, Brown or black leather-like or suede dress shoes (heels must be less than 2 inches)
- Navy or white knee socks or tights

Outerwear: Students are free to wear outerwear from any carrier coming to and from school and when outside. However, when indoors, students may only wear the following approved outerwear.

- HCA crewneck sweatshirt (purchased from HCA)
- HCA Half-Zip microfiber pullover, fleece Jacket or vest with logo (Land's End)
- Red or Evergreen Sweater: vest, v-neck, crew neck, cardigan (Land's End without a monogram)
- The navy windbreaker jacket from Read's Uniforms may be purchased to wear outdoors during school hours.
- Team outerwear (tops only). These are sweatshirts, or other tops that have been approved by HCA administration and distributed to all team members.

PE Class: All Logic students must dress out for PE Class

- Navy HCA t-shirt and Navy HCA gym shorts (purchased from HCA)
- Tennis shoes (any carrier)

HCA Logic Boys' (6th – 8th grade) Uniforms

Informal Uniforms: To be worn on days when Chapel is not scheduled.

- Red, White, Navy blue, Maize or Evergreen polo: long or short sleeve (purchased from Land's End or Read's Uniforms). Shirttails must remain tucked in.
- Red, White, Navy blue, Maize or Evergreen Turtle Neck or Mock Turtle Neck: long sleeve (purchased from Land's End or Read's)
- Navy or Khaki Chino Pants or Shorts (Land's End or Read's)
- Red or Evergreen Sweater: vest, v-neck, crew neck, cardigan (Land's End without a monogram)
- Tennis shoes / Sperry's may have a primary color of red, white, gray, black, brown, khaki, or blue with limited accent coloration; shoelaces must match shoes. No high tops.
Sperry's may be worn without socks. With all other shoes, socks must be worn and visible.
- White, black or gray socks, Must be plain and without designs, HCA socks
- Black or brown leather-like belt (no ornaments on the belt)

Formal Chapel Uniforms: Must be worn on designated Chapel days year-round. May also be worn on other days besides Chapel.

- White long-sleeved oxford shirt (year-round). Shirttail must remain tucked in.
- Navy Chino pants, non-cargo
- Brown or black leather-like or suede dress shoes (mock loafer type or dress-up lace type; not dark tennis shoes)
- Navy or Black Socks (must be visible) HCA Socks are allowed
- Brown or black leather-like belt (no ornaments on the belt)

Outerwear: Students are free to wear outerwear from any carrier coming to and from school and when outside. However, when indoors, students may only wear the following approved outerwear.

- HCA crewneck sweatshirt
- HCA half-zip microfiber pullover, fleece jacket or vest with logo (Land's End)
- Red or Evergreen Sweater: vest, v-neck, crew neck, cardigan (Land's End without a monogram)
- The navy windbreaker jacket from Read's Uniforms may be purchased to wear outdoors during school hours.
- Team outerwear (tops only). These are sweatshirts or other tops that have been approved by HCA administration and distributed to all team members.

PE Class: All Logic students must dress out for PE Class

- Navy HCA t-shirt and Navy HCA gym shorts (purchased from HCA)
- Tennis shoes (any carrier)

HCA Rhetoric Girls' (9th – 12th grade) Uniforms

Informal Uniforms: To be worn on days when Chapel is not scheduled.

- Red, White, Navy blue, Maize, Evergreen, Chambray blue, Pink or Black polo / long or short sleeve (purchased from Land's End or Read's Uniforms)
- Red, White, Navy blue, Maize, Evergreen Chambray blue, Pink or Black Turtle Neck or Mock Turtle Neck / long sleeve (Land's End or Read's)
- Navy or Khaki Chino Pants (Land's End) non-cargo
- Navy or Khaki Chino Skorts (Land's End Top of Knee Style)
- Red, Evergreen, Maize, White or Navy Sweater: vest, v-neck, crew neck, cardigan (Land's End – only the Maize Fine Gauge may be monogrammed) for chapel
- Tennis shoes / Sperry's / Ballet flats may have a primary color of red, white, gray, black, brown, khaki, or blue with limited accent coloration; shoelaces must match shoes. No high tops.
Sperry's and Ballet flats may be worn without socks. With all other shoes, socks must be worn and visible.
- White, black or gray socks, Must be plain and without designs. HCA socks are allowed
- Tights (optional) must be navy, white, or black. They should be plain and without designs.
- Hosiery (optional) must be neutral in color without designs.
- Black or brown leather-like belt (optional)

Formal Chapel Uniforms: Must be worn on designated Chapel days year-round. May also be worn on other days besides Chapel.

- White $\frac{3}{4}$ sleeve or long sleeve blouse (year-round)
- Navy Skort (Land's End Top of Knee Style)
- Fine Gauge Cotton Sweater in Maize with Academic Logo
- Navy Blue, Brown or black leather-like/suede dress shoes (heels must be less than 2 inches)
- Navy or white knee socks, navy tights or neutral plain hosiery

Outerwear: Students are free to wear outerwear from any carrier coming to and from school and when outside. However, when indoors, students may only wear the following approved outerwear.

- HCA crewneck sweatshirt (purchased from HCA)
- HCA Half-Zip Microfiber pullover, Fleece Jacket or Vest with Knight's logo (Land's End)
- Red, Evergreen, Maize, White or Navy Sweater: vest, v-neck, crew neck, cardigan (Land's End without a monogram except for Maize Chapel Sweater)
- The navy windbreaker jacket from Read's Uniforms may be purchased to wear outdoors during school hours.
- Team outerwear (tops only). These are sweatshirts, or other tops that have been approved by HCA administration and distributed to all team members.

PE Class: All Rhetoric students must dress out for any PE Class & PE electives.

- Navy HCA t-shirt and navy gym shorts (purchased from HCA)
- Tennis shoes (any carrier)

HCA Rhetoric Boys' (9th – 12th grade) Uniforms

Informal Uniform: To be worn on days when Chapel is not scheduled.

- Red, White, Navy blue, Maize, Evergreen, Chambray blue, Pink or Black polo: long or short sleeve (purchased from Land's End or Read's Uniforms). Shirttails must remain tucked in.
- Red, White, Navy blue, Maize, Evergreen, Chambray blue, Pink or Black Turtle Neck or Mock Turtle Neck: long sleeve (purchased from Land's End or Read's)
- Navy or Khaki Chino Pants (Land's End or Read's)
- Navy or Khaki Chino Shorts (Land's End or Read's)
- Red, Evergreen, Maize, White or Navy Sweater: vest, v-neck, crew neck, cardigan (Land's End, no monogram)
- Tennis shoes / Sperry's may have a primary color of red, white, gray, black, brown, khaki, or blue with limited accent coloration; shoelaces must match shoes. No high tops.
Sperry's may be worn without socks. With all other shoes, socks must be worn and visible.
- White, black or gray socks, Must be plain and without designs. HCA socks
- Black or brown leather-like belt (no ornaments on the belt)

Formal Chapel Uniform: Must be worn on designated Chapel days year-round. May also be worn on other days besides Chapel.

- White long-sleeved oxford shirt with academic logo (year round). Shirttail must remain tucked in.
- HCA Tie
- Navy Chino Pants
- Brown or black leather-like/suede dress shoes (mock loafer type or dress-up lace type; not dark tennis shoes)
- Navy or black socks (must be visible) HCA socks
- Black or brown leather-like belt (no ornaments on the belt)

Outerwear: Students are free to wear outerwear from any carrier coming to and from school and when outside. However, when indoors, students may only wear the following approved outerwear.

- HCA crewneck sweatshirt (purchased from HCA)
- HCA Half-Zip Microfiber pullover, Fleece Jacket or Vest with logo (Land's End)
- Red, Evergreen, Maize, White or Navy Sweater: vest, v-neck, crew neck, cardigan (Land's End without a monogram except for Maize Chapel Sweater)
- The navy windbreaker jacket from Read's Uniforms may be purchased to wear outdoors during school hours.
- Team outerwear (tops only). These are sweatshirts, or other tops that have been approved by HCA administration and distributed to all team members

PE Class: All Rhetoric students must dress out for any PE Class & PE electives.

- Navy HCA t-shirt and navy gym shorts (purchased from HCA)
- Tennis shoes (any carrier)